

# PARA SPORT

5+ YEARS

OPEN TO ALL TYPES OF DISABILITIES (S.E.N.D)

## PARA MULTI SPORT

MONDAY 22 OCTOBER  
2-4PM

CHAFFORD SPORTS COMPLEX  
£2

## PARA ART & SPORT

FRIDAY 26 OCTOBER  
10:30AM-12NOON

MUPLACE, HAROLD HILL  
£2

## PARA ATHLETICS

FRIDAY 26 OCTOBER  
4:45-5:45PM

HORNCHURCH STADIUM  
FREE

THURSDAY 25 OCTOBER  
1-3PM  
YMCA  
£2

SWIM 4  
DISABILITY  
VARIOUS SESSIONS AVAILABLE  
ALL AGES

SKATE 4  
DISABILITY  
SUNDAY 28 OCTOBER  
10-11:30AM  
ALL AGES  
SAPPHIRE ICE AND  
LEISURE



PARENTS & CARERS MUST STAY THROUGHOUT  
FOR MORE INFO: [WWW.HAVERINGACTIVE.CO.UK/HOLIDAYACTIVITIES](http://WWW.HAVERINGACTIVE.CO.UK/HOLIDAYACTIVITIES)

DISABLED  
ACCESS



Havering  
LONDON BOROUGH